

## Meritorious Service Award Nominee

**Name of Nominee:** Dr Vivesh Rughubar

**Geographical location:** Durban, KwaZulu-Natal, South Africa



### Qualifications:

- BDS, Mangalore University, India 1985
- MChD, UWC, 1997
- Fellowship, College of Maxillofacial and Oral Surgery 1999
- MBA, University of Durban Westville

### Career Information

- Dr. Vivesh Rughubar is a distinguished Maxillofacial and Oral Surgeon with a BDS, MChD (Maxillofacial and Oral Surgery), FCMFOS (SA), and an MBA.
- He currently serves as Head of the Clinical Unit in Maxillofacial and Oral Surgery at King Edward VIII Central Hospital
- He runs a private practice at Life Chatsmed Gardens and Life Westville Hospitals in Durban.
- Principal Specialist and Consultant in cleft lip, palate, and craniofacial surgery at Nelson R. Mandela Medical School.
- Extensive experience in clinical, academic, and administrative roles.
- Numerous leadership roles, such as President of the South African Dental Association and executive roles in the South African Society of Maxillofacial and Oral Surgeons and the College of Maxillofacial and Oral Surgery.
- Active examiner for FCMFOS final exams.
- Participation in global clinical research registries through the AO Foundation and significant academic contributions, including peer-reviewed publications.
- Active faculty member and organizer of multiple national and international maxillofacial surgery congresses and advanced training courses.
- His work spans not just clinical excellence but also leadership in shaping oral health services in KwaZulu-Natal and beyond.
- Maxillo-, Facial- and Oral Surgeon in private/public practice (Specialist dentistry) since 1998.
- Dental Practice (General dentistry) 1986-1988 (Empangeni), 1988-1989 Kwa Mashu, 1989-1991 King Edward VIII Hospital, 1991 Registrar at UWC.

### SADA Activity

- SADA KZN Branch:
- Member - present
- Board
- National Council member
- National President 2013-2015
- Board Ex-officio 2013-2015
- Board Committees
- Additional Committee Experience
- Dr Rughubar has served on many committees within the KZN Branch, like the scientific, sport and membership.
- SADA delegate to FDI, Greater Noida, Delhi in 2014.

### Specialist Societies

- South African Society of Maxillofacial and Oral Surgeons
- AO Foundation
- South African Society of Dental Implantology
- College of Maxillofacial and Oral Surgeons – College of Medicine
- Kwa Zulu Natal Specialists Network

**Publications & Oral Presentations and Posters**

- Co-authored a multicenter randomized controlled trial on mandibular fracture treatments published in JOMS(2020).
- Contributed a chapter on face and neck management in the 2016 Springer India book Clinical Pathways in Emergency Medicine.
- Presented multiple oral and poster presentations at international and national congresses, including on topics like mandibular fracture treatments, necrotizing fasciitis complications, and benign maxilla lesions.

**Current Research**

- Actively involved in international, multi-center AO Foundation registries, focusing on treatment patterns for:
  - Bilateral condylar fractures
  - Orbital fractures
  - Mandibular fractures in patients over 60
  - Alloplastic total TMJ replacement

**Congresses/Courses Organised**

Organised several South African Society of Maxillofacial and Oral Surgeons Congresses (2014–2025) and other major dental and maxillofacial events.

**Certification and Advanced Training**

- Completed numerous advanced trauma and reconstructive surgery courses globally (South Africa, Austria, Spain, Switzerland, UK, India, and others).
- Certified in A.O. Faculty Education and advanced endoscopic maxillofacial techniques.

**Statement of Support**

The KZN Branch wants recognizes Dr Rughubar's continued participation and worthy contributions to SADA on Branch (since 1985), National Council and Board (2013-2015) level. He is always willing to help at branch events and is an ambassador and mentor for many colleagues in the Durban area. He has the vision and mission of SADA at heart. His service on many SADA structures and has added value to SADA.